



5 TBI Truths

While many people know about the risks of sports-related traumatic brain injuries (TBI), some might be surprised to learn about how common a risk they are to a wide range of the population. Consider:

1. Nearly three million Americans sustain a traumatic brain injury (TBI) each year in the United States.
2. Yes, even a "mild" concussion is clinically considered a traumatic brain injury.
3. Falls are responsible for nearly half of all TBI-related hospitalizations.
4. Three other common TBI causes include firearm-related injuries, motor vehicle crashes, and assaults.
5. There are more than 175 deaths attributed to TBI per day in the United States.
6. Early detection and intervention for suspected TBI is critical, especially to young developing brains.

