



PAIN AWARENESS

3 CRUCIAL CONSIDERATIONS

- **The brain is the most critically important organ in pain science because it is the brain (not the back, neck, foot, ankle, or other affected body part) that actually causes the hurt.**
- **Each and every patient with pain benefits from targeted, meaningful and effective education as a critical aspect of the approach to treatment.**
- **A worthy goal of any pain medicine practice is to minimize and/or eliminate the need to use medications with side effects (particularly opioids) to manage pain whenever possible.**

